

# HelpNet

HelpNet/Kalamazoo Is Offering A Special Training!








## *Living with Love*



*Presented by HelpNet Psychotherapists Casey J. Coker and Kevin D. Baker*

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- Cost:** \$10 per person (must be paid in advance)  
**Date:** Wednesday, February 21, 2018  
**Time:** 5:30 – 7:30pm  
**Location:** Gilmore Center Auditorium  
Bronson Methodist Hospital - Kalamazoo – MI 49009  
**Presenters:** Casey J. Coker & Kevin D. Baker  
**Registration:** Register and pay online at <http://www.helpnetep.com/love>  
or contact the Kalamazoo office at 269-372-4500

### **In this course, participants will learn:**

-  Techniques to enhance communication in relationships
-  How to be a more dedicated & loving spouse, parent, and friend
-  Skills to better love & appreciate yourself
-  How to make more positive & loving connections
-  How to have a devoted attitude on a daily basis

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*“Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.” - Lao Tzu*